DIETITIAN

Licensing Authority

Delonde Suchy
Board of Dietetic Examiners
Iowa Department of Public Health
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Legal Authority

Code of Iowa, Chapter 152A; Iowa Administrative Code 645, Chapters 80-84

Job Description

Dietitians evaluate the nutritional needs of individuals and groups, then advise and assist them on appropriate diets based upon principles from the sciences of nutrition, biochemistry, physiology, food management, and behavioral or social sciences. They confer with physicians and other health professionals to coordinate medical and nutritional needs. They must ensure that nutritional needs are consistent with available resources and constraints; establish goals and priorities; provide counseling in health and disease; and evaluate and change recommendations to continually provide the best standards of food quality and nutrition.

A dietitian may work in a hospital, clinic, public health program, extended care facility, university, business, government agency, or private practice. The major areas of practice are clinical, community, management, and consultant dietetics. Dietitians in nursing homes or small hospitals may also manage the food service department.

Education & Experience Required

A dietitian must have a baccalaureate degree with major course work of study in human nutrition, food and nutrition, nutrition education, dietetics, or food systems management or an equivalent major course of minimum academic requirements as established by the American Dietetic Association and approved by the board; complete a documented, supervised experience of no less than 900 hours under an approved licensed dietitian, a registered dietitian, or an individual with a doctoral degree with a major in nutrition; pass the National Registration Exam and be registered with the Commission on Dietetic Registration (CDR).

Applicants who have obtained their education outside the U.S. and its territories must have their academic degrees validated as equivalent by an accredited college or university.

Continuing Education

Thirty hours of continuing education are required biennially for license renewal.

Examination

The registration exam is written and is given by the Commission on Dietetic Examination. Applicants make arrangements to take this test.

Fees | Application: \$100

Duration: Two years Renewal: \$100

Exam: Arranged by applicant, paid to the American Dietetic Association

SOC Code, Title, & Avg. Hourly Wage 29-1031 – Dietitians and Nutritionists (\$18.50)

Number of Licenses Issued

Total number of licenses active as of December 31,

2003: 734 2002: 801 2001: 1,005

For Additional Information

Iowa Department of Public Health Web site:

www.idph.state.ia.us/licensure

American Dietetic Association 216 W Jackson Blvd Chicago IL 68004 (800) 877-1600 www.eatright.org

Iowa Dietetic Association 3103 Valley Dr Sioux City IA 51104 Phone: (712) 234-0547